



**Chiron Training Ltd**  
**Suite B Queens Way House**  
**275-285 High Street**  
**LONDON E15 2TF**  
**Telephone: 020 8257 7915**  
**[www.chironconsulting.org](http://www.chironconsulting.org)**

## **INFORMATION SHEET**

### **INTERMEDIATE LEVEL DIPLOMA COURSE IN:** **FAMILY FOCUSED PRACTICE** **USING APPLIED SYSTEMIC THEORY**

#### **Introduction**

This is an Association for Family Therapy and Systemic Practice (AFT) intermediate level course\*. It is designed to meet AFT's requirements for the training of family therapists and systemic practitioners, and is informed by their guidelines. The course is one academic year in duration and offers a pathway for progression to a 4 year qualifying course for students wishing to embark on a career in couples and family therapy. \*The course will be applying for AFT accreditation.

#### **Rationale for the Course**

Practitioners working in the fields of health education and social care - in a society diverse in culture, religion, ethnicity, sexual orientation - necessarily have to interact in a range of relationships with others who might have different beliefs and value systems from their own. In their professional roles as social worker, nurse, youth worker, psychologist, nursery nurse, teacher's assistant etc, they will be expected to intervene as advocates, decision-makers or treatment providers in cases where there are allegations of physical, sexual, emotional and racial abuse, domestic violence, self-harm, family relationship breakdown, divorce, separation, issues pertaining to fostering and adoption, safe guarding, multi-agency working and other related and critical concerns to be addressed.

Systemic thinking and many of the techniques and skills taught within this approach offer practitioners the tools and resources that can provide them with ways of acting in the many complex situations involving people in communication with one another.

Linking theory with practice, the development of self-reflexivity and the fostering of a sense of professional identity are key aspects of the training on this course which aims to provide students with opportunities to connect their learning with their own work situation.

### **Aims of the Course**

The aims of the course are:

1. To enable the student to consolidate learning from their foundation year.
2. To enable students to further develop their knowledge and abilities to apply systemic skills and techniques in a range of contexts.
3. To provide a base from which the student can proceed to the clinical years ie the 2 years Masters course.

### **Length and Structure of the Course**

The course is taught on Wednesday evenings and runs over 3 terms from September 2016 to July 2017. Students will be expected to attend between 6.00pm – 9.00pm fortnightly and for a full day (11.00am – 5.00pm) at the end of each term. In addition students will be expected to attend a half-day plenary event held on a Saturday.

The course offers 66 hours of face-to-face teaching which will be in small and large groups. During the course year student must complete 60 hours of clinical therapeutic practice which can be undertaken in their place of work or in a separately arranged placement. Students should allow themselves a further 240 hours independent study time in order to produce the assignments required to successfully complete the course.

### **Entry Requirements**

Students wishing to undertake this course should:

1. have a qualification or training and experience in social work, nursing, youth work, teaching, psychology or other health- related care profession;
2. have completed an AFT accredited foundation level course;
3. have arranged a placement where they will be able to complete 60 hours of therapeutic work with families and be supervised. Ideally, this will be with a qualified systemic psychotherapist. This can be in their place of work or in a separate placement
4. have current clearance from the Disclosure and Barring Service (DBS) to work with vulnerable groups and children;
5. appropriate level of insurance;
6. provide two references; one of which should be written by a qualified UKCP registered Family & Systemic Psychotherapist able to comment on the applicant's current practice.

### **Fees**

The course fee is: £2600. Arrangements can be made for this to be paid in instalments.

An application form can be downloaded from our website:

[www.chironconsulting.org](http://www.chironconsulting.org). Your application form should be accompanied by a non-refundable deposit of £50 and two references.